



## **Couple Counseling for Expatriates**

How well have you settled down in Germany? How strong are the social relationships that you have built yourselves? How do you experience your relationship under these conditions? What do you want from your spouse/partner? How much do you communicate between each other?

Moving to another country often means a loss of identity. The environment is changing. Old relationships are lost; friendships can't be maintained or only over a long distance.

How does this affect your couple relationship? How do you experience your partner and how do you see yourself?

With my coaching offer, I support you as an expatriate couple, clarify your own identity and help to regain your identity as a couple again.



Please contact me for more information:

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## Course of couple counseling

- 5 x 1.5 hours, appointments can be arranged individually
- Also in the evenings and on Saturdays, in a relaxed atmosphere in my coaching rooms in Bonn/Bad Godesberg, as intensive counseling on one or two weekends
- Dialogue, behavioral and communication training, advice from myself and exercises at home
- Optional: Reflection unit (1.5 hours) on the implementation after eight weeks

## Benefits for you at the end of your couple counseling

- You learn to feel your identity and to live your life
- You can turn to your partner and the outside world
- You have deepened your cultural understanding and how the culture of you acts as pair
- You have learned to deal respectfull with one another

## Investment

- Investing in your couple relationship:
  € 880 -
- Clear time and financial framework
- Single sessions are also possible